



## CARING FOR YOUR CHILD AFTER CARDIAC CATHETERIZATION

### Catheterization Site:

Leave pressure dressing on until the day after the test.

Tomorrow remove dressing, apply Band-Aid

Third day no Band-Aid is needed

No tub or bath until third day. May shower.

Keep area dry and clean as much as possible, you may use a wash cloth and soapy water

### Report the following to your doctor IMMEDIATELY:

1. Bleeding at catheterization site: Apply firm steady pressure one inch above bleeding site for 10 minutes, then call your cardiologist.
2. Increasing redness or tenderness at catheterization site.
3. Pain not controlled by Tylenol, Motrin or Advil (do not give Aspirin unless directed by physician).
4. Increase in swelling at catheterization site or legs.
5. Temperature above 100 F.
6. Legs cold or blue in color.

**Diet:** Whatever the child normally eats and drinks.

### Medications:

You may resume your child's daily medications (Digoxin, Lasix, etc). Discuss with your cardiologist when to resume anticoagulants (Coumadin, Aspirin).

### Activities:

- Today: quiet play
- Tomorrow: moderate play (no bike riding, sports, etc).
- Third day: may return to school, but no P.E. for one week unless otherwise specified by your cardiologist.

### Special Precautions:

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### Follow-up Appointment:

Make an appointment or for any concerns to your cardiologist.

For Dr. \_\_\_\_\_ call (     ) \_\_\_\_\_ for appointments and/or for any concerns.